

Crossroads Breakaway

Would you be willing to share your
time, skills and companionship?

Our team of volunteers support unpaid
carers & people with a wide variety of
needs across Hertfordshire

*"The time the
volunteer sat with
my mum allowed
me to do the weekly
shop and have a
coffee with friends."*

Mrs V (Family Carer)

*"My wife enjoyed
her walks in the
park which gave
me time to do
some banking and
chores."*

Mr P (Family Carer)

*"My weekly 'break'
and the listening ear
and conversation the
volunteer gave to my
dad over a cup of tea
greatly improved my
relationship with my
dad."*

Ms S (Family Carer)

Call us on 01462 427549/455578
or email info@crossroadshn.org.uk
www.crossroadshn.org.uk

Crossroads Care supporting thousands of people
& communities in Hertfordshire for over 30 years



Registered Charity No: 1121629